



École Élémentaire  
Sir James Douglas  
Elementary School



**A case of head lice has occurred in your child's class.**

In order to help stop the spread of these pests please check your child's head carefully. You will need a bright light to do this. If you find lice and/or nits (lice eggs) on your child's head, the current suggested treatment is to use the wet comb method. Attached is information regarding the spread, symptoms and treatment of head lice.

Anyone can get head lice. Their presence is not a sign of poor hygiene, poor housekeeping or low socioeconomic status. Head lice are not a health hazard, and do not cause or spread disease. **If you find your child has head lice, please notify the school and the parents of your child's close playmates.** Also check the heads of all family members.

To help control the spread of lice please check your child's head for lice weekly.

Please contact your local Vancouver Island Health Unit if you require further information or have questions on the treatments available.

Thank you for your assistance with this!

**Contact your local Health Unit:**

**Victoria**

Tel: 250-388-2200

**Peninsula**

Tel: 250-544-2400

**Esquimalt**

Tel: 250-519-5311

**Sooke**

Tel: 250-642-5464

**Saanich**

Tel: 250-519-5100

**Outer Gulf Islands**

Tel: 250-539-3099

**West Shore**

Tel: 250-519-3490

**Salt Spring Island**

Tel: 250-538-4880

**Lice information links:**

<http://www.healthlinkbc.ca/healthfiles/hfile06.stm>

<http://www.healthlinkbc.ca/healthtopics/content.asp?hwid=hw51114>

[http://www.viha.ca/NR/rdonlyres/2ED1B361-EAAF-4DF1-AEF8-3CEB5CFF9CA0/0/2015\\_2016\\_island\\_healthy\\_school\\_newsletter\\_inserts.pdf](http://www.viha.ca/NR/rdonlyres/2ED1B361-EAAF-4DF1-AEF8-3CEB5CFF9CA0/0/2015_2016_island_healthy_school_newsletter_inserts.pdf)